

A circular logo with a blue border. Inside the circle, the words "Signature Workshops" are written in a dark blue, sans-serif font, stacked on two lines.

**Signature  
Workshops**

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## **Diversity, Equity and Inclusion Workshops**

### **Creating a Culture of Belonging Through Leading Below the Surface (Manager Focused)**

Facilitated from a management perspective, participants will learn what a culture of belonging looks like and how to create one through leading below the surface. After completion of this session, leaders will feel empowered to create a culture of belonging on their team(s). They will also have identified specific actions they can immediately take from one of the following areas: empathy, REAL leadership, and/or psychological safety.

### **Cultures of Belonging: What They Are and Your Role in Creating One (Individual Contributor Focused)**

In this session, participants will learn what a culture of belonging looks like and how to create one through interacting below the surface. Upon completion of this session, participants will feel empowered to create a culture of belonging regardless of role. They will also have identified specific actions they can take from at least one of the following areas: empathy, REAL leadership, and/or psychological safety.

### **Equity, Power, and Privilege: Exploring These Important Concepts as Leader (Part I)**

In this session, leaders will experience the meaning of equity, power, and privilege. They will also understand how a true understanding of each of these terms (and the outcomes they produce) can help them build a culture of belonging within their teams. Upon completion of this session, participants will have an immediate clear path forward on actions they can take to incorporate the meaning of these terms on their team.

### **Equity, Power, and Privilege: Exploring These Important Concepts as Leader (Part II)**

Equity, Power, and Privilege (EPP) Part II builds on EPP Part I. While Part I provides a general overview of these concepts, Part II focuses on how to plan and engage in psychologically safe conversations when power is imbalanced. In this hands-on workshop, we will provide a conversation model and participants will have an opportunity to plan and practice an upcoming conversation they will be having in the near future.

**Leadership academies typically include three workshops + a group coaching session. Clients may also elect to mix and match individual contributor and leadership workshops.**

**All workshops can accommodate a 75, 90, or 120 minute timeframe.**

Contact us to learn more  
[info@change coaches.io](mailto:info@change coaches.io) (708) 929-1662

## Belonging Workshops

### **Creating Employee Growth, Development, and Trust through Coaching**

In this workshop, we will cover the difference between coaching and advising for leaders. We will also discuss the benefits of coaching including fostering team success, growth, and development. This hands-on workshop also features a comprehensive coaching demonstration, opportunities to practice coaching skills within small groups, and a template you can use to stay on track.

### **Psychological Safety: Why it's a Vital Leadership Skill and How to Create it on Your Team**

This session will explore psychological safety on a deep and advanced level. As an important concept that is often difficult to achieve, in this session, leaders will learn detailed ins and outs of psychological safety, common mishaps when trying to create psychological safety, and how to measure success. Participants will leave this session inspired; with specific and valuable actions they can immediately take on their team.

### **Shifting from Leader to Senior Leader: Exploring What Needs to Change to Be Successful at the Next Level**

What is truly needed when shifting to a senior leadership position for the first time? In this course, we will explore what it takes to be a senior leader. You will also gain an understanding of what competencies you might have “skipped over” in your senior leader journey. Also, we will work both individually and collaboratively to devise a plan to move from leader to senior leader mindset.

### **Leading Below the Surface: Understanding and Embodying the Type of Leadership that the Future Workplace Needs**

The workplace is changing at an alarming rate. There are more generations in the workplace than ever, diversity and inclusion has evolved from an option to a must-have, and employees are working outside of a common space more than ever. All of these changes have caused dominant, traditional leadership approaches to become obsolete. In this workshop, we will gain an understanding of the future of work while challenging traditional leadership approaches. Participants will leave with a blueprint of their own personal leadership style that they will embrace in the future.

### **DISC Assessment: Understanding Your Leadership Style to More Effectively Work with Your Colleagues and Teams**

At Change Coaches, we are trained in many different assessments. One of those is DISC. In this DISC workshop, we will explore the different DISC styles, how your team balances out, and how to manage your natural style to more effectively work with your colleagues and teams. Pricing for this workshop includes a DISC report for every participant.

\*\*We highly recommend combining the DISC workshop with a couple others to build out a comprehensive leadership academy. This workshop has limited effectiveness when it is offered on its own.