

# MENTOR COACHING BELOW THE SURFACE™

For ICF Credential Renewal or Preparation

## Go Beyond The Competencies and Grow Into Your Authentic Coaching Presence

“Mentor coaching isn’t about perfecting performance; it’s about reconnecting with who you are as a coach. My goal is to help you access your most authentic, grounded presence so you can coach below the surface every time.” — LaTonya Wilkins, PCC

This 1:1 mentor-coaching experience is designed for coaches who want more than credential renewal. Together, we’ll focus on deep reflection, practical feedback, and transformational growth rooted in the *Below the Surface™* approach.



### What You’ll Gain

- **Confidence in the ICF Core Competencies** — Strengthen your alignment with ICF standards through real-time, personalized feedback.
- **Authentic Growth** — Cultivate a grounded, confident presence and reconnect with what makes your coaching distinct.
- **Integration of Leading Below the Surface™ Principles** — Apply practices of psychological safety, inclusion, and real human connection in every session.
- **Actionable Tools & Worksheets** — Translate insights into sustainable habits and embodied coaching skills.

### Structure

- **All Sessions Are 1:1** — Get individualized attention, reflection, and feedback tailored to your goals.
- **Observed Coaching + Real-Time Feedback** — Receive competency-based guidance during live sessions.
- **Optional Recording Reviews** — Submit recorded sessions for detailed, developmental feedback.
- **ACC & PCC Credentialing or Renewal** — Fully aligned with ICF mentor-coaching requirements.
- **Reflective Practice** — Receive detailed feedback on recorded sessions and guided reflection exercises to deepen self-awareness.

### The Experience

**This is more than compliance — it’s a transformative partnership.**

You’ll leave with:

- Renewed clarity and confidence in your coaching practice.
- Deeper self-awareness and alignment with your authentic voice.
- A more embodied presence that strengthens every client relationship.

**Mentor Coaching Below the Surface™ invites you to explore not just what you do as a coach, but who you are when you’re most connected, present, and effective.**

Curious if this is a fit? [Schedule a quick conversation.](#)

