

BASED ON THE AWARD-WINNING BOOK LEADING BELOW THE SURFACE

Get below the surface to connect with yourself, your team, and your clients.

Leading Below the Surface: Relational Leadership and Coach Training (LBTS), also known as Coaching Below the Surface

LBTS is a live, evidence- and practice-based, small-cohort training for leaders and coaches who want to connect better with others, especially across differences.

FORMAT

10 live modules

COHORT

Small and curated

INVESTMENT

\$3,500

LAUNCH

November 10, 2026

38 hours ICF-approved · RCTP No. RCTP1066-BCC · Qualifies for BCC credential hours through CCE

You'll learn to get below the surface to:

- 01 Have deeper, more trusting conversations
- 02 Explore your identity and lead in the way that is most aligned with you
- 03 Recognize and navigate dominant leadership standards, and lead and coach across differences
- 04 Create mutual psychological safety and alignment through REAL coaching and our CARE model of designing relationships
- 05 Lead through uncertainty and change, including the rise of AI
- 06 Use somatics to guide you through difficult conversations and decisions

Who It's For

Leaders and coaches who want to connect better with themselves, their teams, and their clients

Includes a copy of the book, which is taught in business school classrooms.

Schedule (CT)

MODULES	DATES	TIME
1-3	Nov 10, Nov 17, Dec 8	5:00-8:30 PM
4-9	Jan 19, Feb 2, Feb 16, Mar 2, Mar 16, Mar 30	5:00-6:30 PM
10	Apr 13	5:00-7:30 PM

ONGOING (OPTIONAL)

Community

Keep growing in the Below the Surface Leadership Practice, a semi-monthly live gathering where leaders keep learning. Your first month is included.

About LaTonya

LaTonya Wilkins is the Founder and CEO of Change Coaches and the award-winning author of *Leading Below the Surface*. An ICF-credentialed PCC coach, she has served as an adjunct lecturer at Northwestern University's Kellogg School of Management, the University of Illinois's Gies College of Business, and other schools.

Next Step

Curious? If you are considering joining a Leading Below the Surface cohort, you can contact LaTonya directly at info@change coaches.io. The interest process will include an intro conversation with LaTonya.